

# TE JAGA SPA COSMETICS



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*High-tech and vitamin-packed active ingredients in synergy with locally-sourced natural extracts.*

## RAW MILK

**Raw milk comes from the Val di Fassa cattle**, which are free to graze in the meadows and live a healthy, stress-free lifestyle. They are still milked by hand, preserving the happiness of the cows, which in return produce milk that is extremely rich in immune-modulating protein, great for the creation of cosmetics formulated for sensitive, reactive, and rosacea-prone skin. Panthenol and ceramides guarantee the maximum efficacy of the Te Jaga soothing line with milk.

## EDELWEISS

**Lifting peptides for anti-aging products to plump stressed, sagging and tired skin.**

Edelweiss: typical high-altitude flower in Val di Fassa, it contains mucilaginous substances and chlorogenic acid, representing an invaluable ally in the fight against photoaging and the signs of time. These ingredients combat free radicals, preserving the collagen in the dermis from degradation.

## THE DOLOMITIC STONE

**Hydro-mineral waters flowing from the Dolomites of Catinaccio** are rich in trace elements

Magnesium, effective hydrator and catalyst for cellular energy. This particular water quenches the dermis in synergy with hyaluronic acid, a molecule necessary for the hydration of the stratum corneum. These elements are the basis of the line Dolomite Active to hydrate dry skin types.

## STONE PINE AND HAY

**Medicinal plants and herbs**, pesticide-free, rich in actives and essentials. Let nature take care of you!

## ESSENTIAL OILS

**Aromatherapy with 100% pure organic essential oils.**

In the creation of our selected essential oils, only plants and flower from organic mountain farming are used. For the supplements, the ingredients are simply plants or dried powdered herbs: pure nature, without side effects.



# TE JAGA SPA COSMETICS

## FACE

### TE JAGA FROM THE DOLOMITES

**HYALURONIC DOLOMITE CREAM** - Made to an old Ladin recipe enhanced with the most cutting edge knowledge of organic cosmesis.

The treatment combines the benefits of active ingredients of mineral salts from the Dolomites - which are able to keep the skin hydrated deep down - and the well-known elasticising and lifting properties of Hyaluronic Acid. All the strength of the Dolomites and the elasticity of Hyaluronic Acid 2 phials at every application. Moisturises and protects.

50 ml EURO 58,00

### EDELWEISS ACTIVE LIFTING – face cream

The answer to the need for rejuvenation and firming of tired skin.

The Edelweiss extracts reactivate the dermis cells, the tetra-peptides thicken the fibres while smoothing wrinkles and softening eye bags and swelling.

50 ml EURO 64,00

### CLEANSING MILK - LATTE DETERGENTE

Made exclusively with products from Trentino to naturally eliminate

the skin's impurities. Massage into the face morning and night then rinse with warm water.

200 ml EURO 29,00

### TE JAGA TONIC

For fresh, firm skin.

200 ml EURO 29,00

### TE JAGA FACE SCRUB

Oxygenates, smoothes, helps microcirculation of facial skin.

150 ml EURO 37,00

### EDELWEISS FACE LIFT MASK

Rich in phyto-melatonin active ingredients and anti-aging mucilages from Edelweiss, this mask reduces the signs of time, revitalises skin tissues, tones down wrinkles, imparts radiance and rejuvenates the skin. Massage into the face, neck and upper chest until completely absorbed.

50 ml EURO 49,00

### PURE ACTIVE SERUMS

- Vitamin E: anti-aging cellular anti-oxidant
- Vitamin F: anti-aging membrane anti-oxidant
- Q10: plumping agent
- Vitamin C + micronized hyaluronic acid: brightening for dull skin
- Marine collagen: firming
- Luminescine – AHAs from mullein: brightening, sebum-balancing
- Vitamin A: restructuring
- Vitamin B5 + panthenol + micronized hyaluronic acid: soothing, anti-redness

20 ml EURO 46,00

### HYALURONIC ACID VIALS - FIALE ACIDO IALURONICO

Hyaluronic acid is one of the basic components of connective tissue in humans:

insufficiency weakens the skin causing wrinkles and blemishes to form.

The vial improves the skin's resistance and keep it firm.

12 ml EURO 90,00

### E JAGA COMPLETE FACE SET

The box with the complete cosmetic line, based on your skin type:

Malga Soothing with Milk, Edelweiss Active Lifting, Dolomites Hydro-mineral Hyaluronic.

Each set includes: cleansing milk, toner, scrub, pure active serum and day cream.

Regain your facial skin health.

EURO 199,00

### VITANOVA DAL TRENTO

#### RIBES NIGRUM EYE CREAM

Protects, nourishes and smooths fine lines, softening the signs of aging.

Apply morning and evening on the eye area with a light massage.

30 ml EURO 35,00

#### CREMA RIBES NIGRUM ANTIAGE

Crema detossinante antinvecchiamento studiata per contrastare la secchezza cutanea, modulare i processi ossidativi e sostenere i meccanismi di ristrutturazione della pelle.

Estratti di Ribes Nero, Ribes Rosso e dell'Elicriso contribuiscono a donare al viso un aspetto giovane e luminoso.

50 ml EURO 35,00



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## BODY

### TE JAGA FROM THE DOLOMITES

#### BODY CREAM WITH ALPINE MILK *From the mountains*

Revitalises the physiological activity of the hydrolipid film, moisturises and gives a glow to the skin restoring its milky smoothness. Recommended for dry, sun-reddened skin. Take the aroma of Val di Fassa milk and its very special properties home with you. Also makes an excellent restorative body wrap.

500 ml EURO 48,00

#### DOLOMITES BODY CREAM - CREMA DOLOMITI

Super moisturising, restores structural components damaged by oxidative stress and mineralises deep down leaving the skin silky smooth. Apply morning and night.

100 ml EURO 40,00

#### SALT AND MUGO PINE SCRUB - SCRUB AL SALE E PINO MUGO *Best seller*

The salt purifies and opens the pores of the skin helping to eliminate toxins. The mugo pine soothes tired muscles and improves circulation. This is an intensive treatment that leaves the skin soft and smooth. Massage over wet skin, using a gentler touch on more delicate areas. Leave to act for a couple of minutes then rinse off with warm water and soap. Drink some water to rehydrate and follow up with a natural moisturising cream. Wait at least a month before repeating the treatment.

EURO 4,20

#### NIGRITELLA SCRUB

A delicate scrub, with nigritella oil, which leaves skin beautiful, soft and wonderfully scented.

EURO 4,20

#### GEL FOR WEIGHTLESS LEGS WITH CHESTNUT AND MINT

Freshness and new energy for tired, swollen legs. The active ingredients reinforce the capillaries.

150 ml EURO 22,00

#### MELISSA LOTION - LOZIONE ALLA MELISSA BIO (Bio di Vigo di Fassa)

From organic local small plantation. The Melissa is grown in Vigo di Fassa, following the seasonal rhythm. This lotion is fluid and moisturizing. Excellent after showering for a wonderful feeling of freshness.

150 ml EURO 17,00  
500 ml EURO 38,00

#### HONEY SHAMPOO and BATH AND SHOWER CREAM (di Pozza di Fassa)

La formula arricchita con estratti di miele, sali minerali e malva, idrata e rivitalizza, detergendo la cute e i capelli con delicatezza.

150 ml EURO 11,00

#### MUGO PINE SHAMPOO and BATH AND SHOWER CREAM

Freshness and the feeling of your skin being more toned and alive, this gentle product for skin and hair contains extracts of mugo pine.

150 ml EURO 11,00

#### SHAMPOO + LOTION PACK *Gift idea*

EURO 25,00

#### NATURAL BRISTLE BRUSH

For a circulatory, smoothing and purifying massage. Perfect to improve the absorption of creams and compresses.

EURO 9,50

#### BRUSH AND LOTION

A complete ritual. Stimulate the circulation on tired skin with the brush, then replenish, activate and hydrate it with the lotion.

EURO 20,00

### *Vitanova from Trentino*

#### RIBES NIGRUM REGENERATING EMULSION

Soft emulsion with a detoxifying, toning and relieving effect. Enriched with Blackcurrant and Redcurrant to protect the blood vessels, as well as Arnica Montana extracts to relieve tension and give the body a feeling of wellness.

200 ml EURO 26,00

### *Fitomelatonina della dott. ssa Ferri*

#### REVITALISING OIL - OLIO RIVITALIZZANTE

Psycho-cosmetic giving a pleasant feeling of wellbeing thanks to a high concentration of Phytomelatonin. Massage in after showering.

200 ml EURO 53,00



# TE JAGA SPA COSMETICS

## TE JAGA CUSHIONS

*To dream and sense nature*

### HAY CUSHION TE JAGA (NECK PAIN) ♥ *Gift idea*

Filled with hay and medicinal plants, we have appropriated this secret of wellbeing from the country people's traditions. Heat the cushion for 15 seconds in the microwave and place on the aching muscle. The active principles of the medicinal plants are released and absorbed by the body to great effect, relieving muscular tension and giving a sensation of wellbeing. Especially recommended for relaxing aching neck muscles.

EURO 17,00

### TE JAGA AROLLA PINE CUSHION BEST SELLER ♥ *Il più venduto*

**[contro l'insonnia- aiuta la respirazione notturna]**

(combats insomnia- helps with night-time breathing)

Arolla pine has been used for centuries for its properties, based on the essential oil released from the wood. Arolla pine placed on the bedside table facilitates a good night's sleep. It has the ability to slow down the heartbeat and encourages relaxation. Provides relief for people suffering from colds or sinusitis, and helps clear the airways.

EURO 20,00



# NATUROPATIA

*100% pure organic essential oils*

## ORANGE AND BITTER ORANGE

These oils are pressed from the skin, and are particularly useful in skincare, especially for cellulite (which is often called "orange peel skin"). Highly recommended for dry and hardened skins. Soul and psyche: Excellent for working on the heart, beneficial for melancholy, nervous states and anxiety.

10 ml EURO 11,00  
30 ml EURO 27,00  
100 ml EURO 80,00

## FENNEL

One of the most important carminative oils, useful for stomach disorders, gas, flatulence and indigestion. It is recommended to reduce stomach acidity and prevent ulcers. Fennel contains phytoestrogens so it is useful for pre-menstrual symptoms and is rebalancing during menopause. A good body tonic as it is diuretic.

10 ml EURO 11,00

## ROSE GERANIUM

Geranium is another special oil that has an effect on the menstrual cycle. It is balancing, calming and anti-depressant. Its phytoestrogen content makes it an important oil during menopause; used for skincare to maintain beautiful, youthful skin. Very useful for disorders that dehydrate the skin such as eczema. Its balancing effect makes it suitable for use in almost all skin problems.

10 ml EURO 16,40

## ALPINE JUNIPER

Juniper is excellent due to its warming properties, which stimulate the movement of fluids, and in case of arthritis and rheumatism. May help to encourage menstruation and is useful for inflammation of the bladder. Attracts cortisol if applied pure to mosquito bites.

10 ml EURO 15,80  
30 ml EURO 41,80

## LAVENDER

L'olio essenziale equilibrante per eccellenza: calma e infonde una sensazione di pace. Può esser utilizzato per combattere l'insonnia. Riequilibra il piano energetico e stimola le funzioni di tutto il corpo.

10 ml EURO 13,00  
30 ml EURO 29,00

## LIMONE

Lavender is the balancing essential oil par excellence. It calms, mitigates aggressiveness and instils a sense of peace in the mind and heart; it balances the nervous system, helps in cases of irritability and insomnia caused by nervousness. Lowers blood pressure (hypotension), excellent for migraines with this type of trigger. Its main task is to rebalance discordant energies of the psyche and corresponding somatic symptoms: stress caused by work, hypertension, headaches, palpitations, etc. Stimulates all body functions: from the respiratory to the genitourinary tract, and indeed is considered a first aid remedy. Its purifying and carminative action also makes lavender a digestive aid.

10 ml EURO 11,00  
30 ml EURO 27,00

## MELISSA INDICUM

One of the most important essential oils for the immune system, allergies and stimulating lymph drainage. Its components are especially effective on viruses and various forms of herpes. Melissa is good for the digestion, especially for the liver and gall bladder. It is excellent for people who do not know what to do with their lives and it may be helpful for these people to inhale the oil when working on achieving their aims or setting their objectives. It helps with any stagnant tissues, bruises, obesity and is especially useful for dandruff. As a digestive it should be taken with honey or in tea, for insomnia massage into the temples and abdomen

10 ml EURO 11,00



# NATUROPATIA

## Oli essenziali biologici 100% puri

### PEPPERMINT AND EUCALYPTUS ♥ *Per la mente*

In case of headache rub into the temples, behind the ears and the cervical reflex areas. Excellent for increasing concentration, just dilute 3-5 drops in diffusers, and for combatting itching. Antibacterial, antiemetic (nausea, travel sickness) and bad breath. For the skin: acne, dull, greasy skin, itching. Hair: prevents loss and encourages growth.

10 ml	EURO 11,00
30 ml	EURO 27,00

### MIXED HERBS

In case of bronchitis and colds (directions: through inhalation; has an expectorant action), to increase blood circulation (directions: added to massage oils), to encourage concentration, to refresh the environment (3-5 drops in humidifiers).

10 ml	EURO 11,00
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### STONE PINE AND MUGO PINE ♥ *Il più richiesto*

Balsamic and effective in treating colds, bronchitis and inflammation of the upper respiratory tract - Place a few drops in an oil burner or take with a spoonful of honey. Excellent to combat muscle fatigue, cramps in the joints, bruises and sprains - dilute in oil and massage in. Improves sleep, relaxes, calms the nerves, stimulates vegetative regulation - pour a few drops onto a handkerchief beside the bed. Excellent for purifying the air in the home.

10 ml	EURO 11,00
30 ml	EURO 27,00
100 ml	EURO 75,00

### ROSA

The health benefits of Rose Essential Oil can be attributed to its properties as an antidepressant, antiphlogistic, antiseptic, antispasmodic, antiviral, aphrodisiac, astringent, bactericidal, cholagogue, cicatrisant, depurative, emenagogue, haemostatic, hepatic, laxative, nervine, stomachic and uterine substance.

1 ml	EURO 27,00
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### ROSEMARY

Works on the central nervous system, extremely useful for improving attention and memory. Strengthens the capillaries, stimulates circulation in the head, thereby also encouraging hair growth. Recommended as a tonic wherever there is a lack of energy. Rosemary is an excellent stimulant of liver and kidney function, and digestion. Hair: contrasts hair loss and dry, fragile hair.

10 ml	EURO 11,00
30 ml	EURO 27,00

### SAGE

Works on the hypothalamus, the centre that co-ordinates activities. Helps to balance emotions during menopause. Regulates the psyche and hormones, is a great help with sexual disturbances and lack of pleasure. This herb of happiness is able to raise even the lowest morale. Helps people to go beyond their limits, is useful in forms of depression associated with a refusal to accept responsibility, taken before sleeping encourages sleep and dreaming. For addiction problems, including smoking, is excellent burnt in a diffuser. Relaxes the muscles, eliminates toxins and excess fluids. Sage has properties that stimulate and regenerate the cells, making it excellent for skins prone to early ageing. Inhibits excessive production of sebum, and is excellent for acne. Combats hair loss, dandruff and greasy hair.

10 ml	EURO 14,30
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### THYME

Combats bronchitis or sinusitis (inhalations), coughs and bronchitis (dilute and rub onto the chest), asthma (1-2 drops in diffusers). Powerful antifungal (athlete's foot): apply 1 drop directly onto the affected part, then dilute. Restorative, aids memory. Excellent for greasy skins.

5 ml	EURO 13,00
30 ml	EURO 50,00

### VETIVER

There is nothing more deeply grounding than Vetiver, which brings an end to confusion to enable a person's choices to suddenly become clear. On the skin it is useful for mature, irritated skins. It is also considered an aphrodisiac and is used as a female tonic. Helps one connect with the earth and find one's aim in life. It is also noted as being helpful in post-partum depression.

10 ml	EURO 14,30
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### YLANG YLANG

Ylang ylang oil can only be appreciated when highly diluted. Encourages warmth and self-confidence, develops one's female side and sensitivity, balances the female immune system, reduces tension, alleviates cramps, negative emotions and headaches. Can help with hysteria, high blood pressure and oily, mature skins.

10 ml	EURO 14,30
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# RIMEDI E TISANE DALLA NATURA

## CORDIALS

### NATURAL ELDERFLOWER CORDIAL

Cool and refreshing, elderflower is the perfect summer drink. Dilute in water 1:20, or in sparkling water and sparkling wine, with a sprig of mint for a Hugo Spritz.

1 bott. EURO 12,50

### SCIROPPO DELL'ORSO / BEAR SYRUP

Cough Syrup with Honey, Extracts of Marshmallow and Eucalyptus, Essential Oil of Eucalyptus, Propolis Extract. Helps to keep the upper respiratory tract healthy, especially during the winter. It is not a medicine but a natural product with no side effects and can be administered to children and the elderly. It isn't miraculous but it works.

250 ml EURO 9,40

## OINTMENTS

### ARNICA BALM

For bruises, sprains, contusions and pulled muscles. Use for muscle massages before and after sports. Directions: massage twice a day.

50 ml EURO 17,50  
250 ml EURO 67,00

## HERBAL TEAS

### ORGANIC HERBAL TEAS FROM TRENTINO ALTO ADIGE

From the woods-draining, Relax-vitamin rich, Alpine-refreshing.

100 gr. EURO 9,90





# GIFT CARD

## GIFT CARDS

New way to make someone a gift of wellbeing. The recipient is free to spend the value of the card however he or she wants, including online, with a choice of over 50 massages and rituals and natural products from the Te Jaga wellness centre.

Freely transferrable to friends and relatives, valid for 3 years from date of issue.

Don't wait any longer, discover the pleasure of gifting wellbeing with the TE JAGA gift card!

**GIFT CARD 200** worth EURO 200,00 > FOR EURO 180,00 > save EURO 20,00

**GIFT CARD 430** worth EURO 430,00 > FOR EURO 360,00 > save EURO 70,00 or a massage.

**GIFT CARD 660** worth EURO 660,00 > FOR EURO 550,00 > save EURO 110,00 or two massages.

